

Operation Manual

Fitness Trampoline

62835-62839

toboli



Illustration similar, may vary depending on model

Read and follow the operating instructions and safety information before using for the first time.

Technical changes reserved!

Due to further developments, illustrations, functioning steps, and technical data can differ insignificantly.

Updating the documentation

If you have suggestions for improvement or have found any irregularities, please contact us.



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Introduction

Thank you for purchasing this quality product. **To minimise the risk of injury we urge that our clients take some basic safety precautions when using this device. Please read the operation instructions carefully and make sure you have understood its content.**

Keep these operation instructions safe.

Safety instructions

- Check the trampoline for completeness and function before putting it into operation.
- Never operate a defective or non-functioning trampoline. Have the device checked or repaired by a qualified specialist.
- Always use the trampoline carefully and with due caution.
- Misuse of the trampoline can cause serious damage and injury.
- Check the trampoline before each use to prevent damage and injury. Any defective part should be replaced immediately.
- This trampoline is not a toy and is not suitable for persons or children **under the age of 14 years**.
- Never exceed the maximum load capacity of the trampoline.
- Only set up the trampoline on an even and level surface.
- **Important!** When setting up the trampoline, make sure there is enough free space above and at the sides of the trampoline.
- Do not place the trampoline near walls, fences, or other structures (playground equipment, etc.).
- **Caution!** The folding mechanism can cause severe bruising to body parts if used carelessly.
- Ensure that the installation site is adequately lit.
- Never use the trampoline when the jumping mat is wet or damp.
- Do not use the trampoline in strong winds or storms.
- Never jump when you are tired or under the influence of drugs, alcohol, or medication.
- Do not use the trampoline in the dark.
- **Important!** Only one person at a time is allowed to use the trampoline.
- **Important!** Always jump in the middle of the trampoline mat.
- **Important!** Never jump on the protective cover of the trampoline mat.
- Glasses, jewellery, and watches should be taken off and pockets should be emptied.
- Never jump with shoes on.
- Make sure that there are no people/children, animals, or objects under the trampoline mat.
- **Caution!** Consult your family doctor before using the trampoline.
- Never jump onto the trampoline from the ground.
- **Important!** Never use the trampoline if any part of the trampoline or handle is damaged or worn and/or the nuts/bolts are not tight.
- Never jump from the trampoline onto the ground.
- Never jump from other objects onto the trampoline.
- This trampoline is not suitable for performing complicated jumps (aerobatics, jump combinations).
- **Important!** Avoid jumping too high! You could lose control and no longer land in the middle of the jumping area.
- Secure the trampoline from unauthorised use when not in use.
- Store the packaging parts (foils, plastic bags, etc.) in places that are not accessible to children, especially infants, as packaging parts often harbour unrecognisable dangers (e.g., risk of suffocation).

Intended use

- The trampoline is only suitable for recreational use (for fitness and endurance exercises).
- Not suitable for persons under 14 years of age.



Not suitable for persons under 14 years of age!



Never use with 2 or more people at the same time!



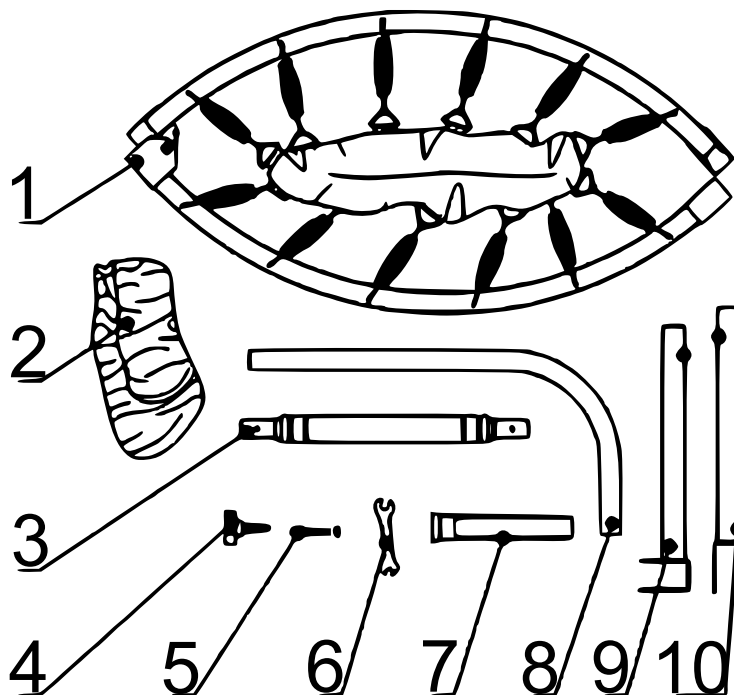
Warning of bruising hazard!



Respect maximum load capacity!

Assembly model 1

Parts list



No	Name	Qty.	No	Name	Qty.
1	Frame	1	6	Spanner	1
2	Cover	1	7	Base tube	6
3	Handle bar (centre)	1	8	Handle bar (lateral)	2
4	Knurled screw	2	9	Support rod (left)	1
5	Screw and nut	4	10	Support rod (right)	1

Assembly

1. Remove the trampoline from the packaging and identify the parts according to the parts list.
2. Open the frame.



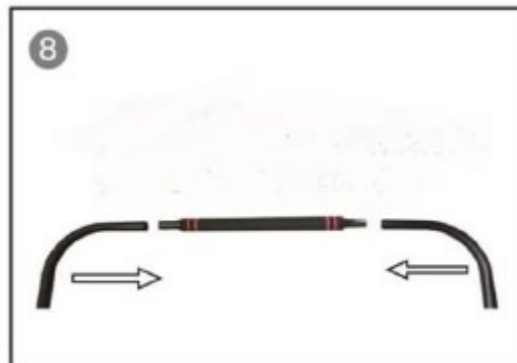
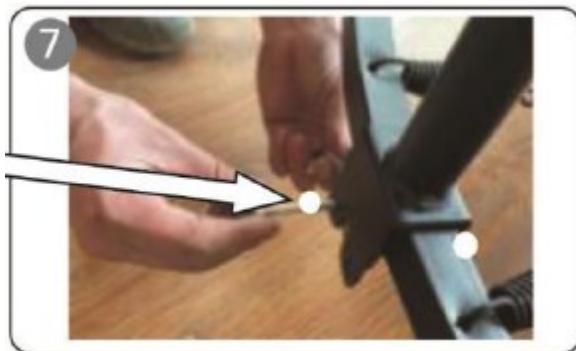
3. Tension the frame with the help of your feet.
Caution! The folding mechanism can cause severe bruising if used carelessly.
4. Stretch open the cover.



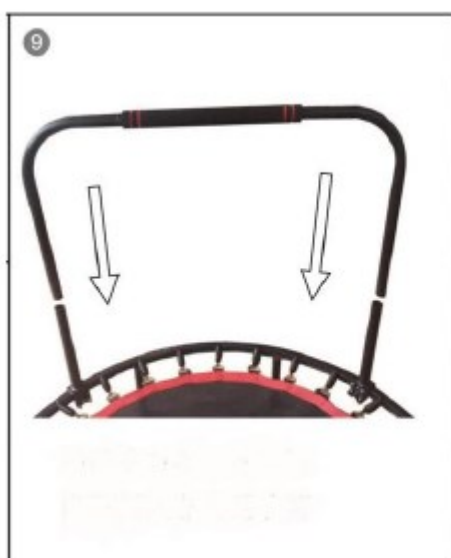
5. Assemble the feet.
6. Assemble the lateral support.



7. Fix the lateral support with the screws.
8. Attach the middle section to the handle bar.



9. Insert the handle bar into the opening of the support bar.
10. Secure the connection using the knurled screws.



Important! Before use, check all connections (screws, nuts) for tightness!

Assembly model 2

Parts list



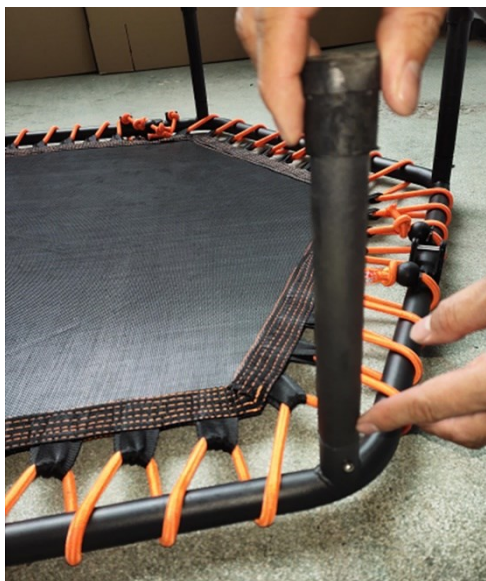
Nº	Name	Qty.	Nº	Name	Qty.
1	Base tube 2	1	7	Nut	1
2	Frame	1	8	Hexagon socket head screw	1
3	Knurled screw	1	9	Base poles	6
4	Washer	2	10	Handle	1
5	Spanner	1	11	Base tube 1	1
6	Screw and nut	2	12	Cross rod	1

Assembly

1. Unfolding the frame/the jumping mat



2. Attach the base poles to the frame.



3. Find the hole in the frame, remove the rubber caps of the base poles at this side and slide the cross rod on the base poles. Make sure that the hole in the cross-rod points outwards. Re-mount the rubber caps on the base poles.



4. Attach the base tube with screws and nuts. Also use the washers.



5. Insert the second part of the base tube and fix it with the knurled screw.



6. Mount the handle and fix it with the short screw.



Make sure that all screws are correctly tightened.

Notes on mounting the support rods (62837 and 62839)



When mounting the support rods, make sure to install them only to the spots with the bosses (see figure).

Wrong!



If mounted as shown here, the rod will not hold. This mounting method will lead to the rod becoming unstable; this will increase the risk of accident and injury.

Correct!



Correct mounting of the support rod must correspond to this figure.



Maintenance

- If you use the trampoline outdoors, be sure to cover it after use and protect it from rain and frost.
- Before each use, check that the springs, screws, and nuts are tight.

Technical specifications

Item number	62835	62836	62837	62838	62839
Max. load capacity (kg)	100	150	150	150	150
Trampoline diameter (cm)	111	103.5	103.5	122	122
Jumping mat diameter (cm)	approx. 82	67.5	67.5	87	87

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